



Compost Pudding Recipe

Every year, as part of the Compost Week celebrations, the staff of the Compost Council of Canada include this recipe in their office celebrations. It is a fun and tasty recipe to do with kids.

Ingredients:

½ cup white sugar
1/3 cup unsweetened cocoa powder
3 tablespoons cornstarch
2 cups milk
2 teaspoons vanilla extract
1½ cups chocolate cookie crumbs
gummy worms

Directions:

- Prepare the chocolate pudding ahead of time, so that it will be cool enough to make your individual compost pudding cups.
- Using a whisk, combine sugar, cocoa powder and cornstarch in a bowl (microwave-safe).
- Whisk the mixture while gradually adding the milk. Mix until there are no lumps.
- Place bowl into the microwave, and cook on high for 3 minutes.
- The mixture will start to thicken. Stir and cook at intervals of 1 minute, while stirring at the end of each minute. Do this 2 to 4 times, or until the pudding is shiny and thick.
- Once the desired consistency has been reached stir in the vanilla.
- Collect 6 clear glasses to layer your "compost" in.
- Empty a scoop of pudding into the bottom of each cup and put a scoop of cookie crumbs on top. Repeat this two more times.
- Place a few gummy worms onto the top of each pudding cup, grab a spoon and enjoy!

6 Servings